

by Dr Tony Minervino

BEYOND OUR BELIEFS is presence, knowingness & freedom

We live in very exciting and tumultuous times. Never in our history has everything we believe about ourselves, our world and the very nature of reality been called into question, and the questions are as haunting as they are intriguing: Who are we really? Where are we from? Why are we here? Where are we going? What's our true purpose? What's going on? What's this all about anyway? What is the meaning of life?

Are any of these questions familiar? Are you often curious? Are you sometimes perplexed? Are you sometimes terrified? And, where do we go for answers?

Religions keep giving us the same simplistic answers, based on stories that just don't stand up to reason and scholarly research. Many of us have doubts about those traditional answers that are beyond the range of human experience, based on assumptions that cannot be verified – we are literally asked just to believe, have faith.

Science keeps changing the answers before we're even comfortable with the last bunch of answers. Besides, most of their theories about our reality are based on the assumption

that this is the only place in the universe where there is life. Think about it for a moment. We live on a planet that is, by our best guess, about 4.5 billions years old, and we don't know a whole lot about what's really been going on before about 6000 years ago. In fact, our knowledge of even the past 2000 years is pretty shaky. We've been fed this story about cave men and progress and evolution, which is all based on an assumption. Isn't it possible that all of life here, including us, was brought here, so advanced that we have mistaken them for gods – or even God?

Since the portion of the universe we've been able to study with our advanced technology is, by best guess, about 14-16 billion years old, isn't it likely that life began somewhere else, before it began here? If this is the case, the theory that life was actually brought here by more advanced beings actually holds up better to reason than the official story that many of us have bought into. This certainly explains why Chinese people look Chinese, and Europeans look European and Africans look African and so on. This is a much more plausible story than the one we were given in primary school – you know, because we grew up in different countries we look different. As an 8-year-old in 3rd grade, I offered the explanation that we looked different because we were from different planets with different suns and very different environments. It didn't go over very well, but it still made sense to me, at least as a theory. And, I have some experiences to back it up.

Perhaps the most courageous and productive step we can make towards beginning to get some useful answers to these haunting and vital questions is to decide to put aside everything we have ever been told about the way things are, to decide to validate our own knowingness, to base everything we know on our own experience, and base all our theories on our own intuition – this is the path of mastery.

Knowledge does not come from books, lectures, or stories – that's called information. Knowledge comes only from experience. We've been taught that knowledge is power, but knowledge is not power – knowingness is power.

Knowledge is based on past experience, the perception of which is also influenced by our beliefs, and is only useful to the degree that something is happening in the present that is similar to something we've experienced in the past, about which we've gained some understanding. To the degree that what is happening now is different, our knowledge is useless.

When we are fully present and aware, we have knowingness. We are truly present to everything around us and we inherently know how to dance with it – this is the dance of life.

Beliefs are not knowledge. They are not based on experience. Developmental psychologists claim a person learns 84% of everything they will ever know before the age of two. I don't know how accurate this figure is, but it is very likely that we install the majority of our beliefs at a very young age. And where do we get these beliefs? – from everyone around us who is bigger, stronger, and more capable of surviving than

we are. And where did they get their beliefs about 'the way it is?' – from the bigger, stronger people that were around them. We can see how this can eventuate in concepts of reality being passed along from one generation to another, perpetuating a distorted, clouded view of what is, of what's possible.

There is no such thing as 'the way it is.' There is only how we perceive it to be – perceptions based on beliefs. Not experience, not knowledge – beliefs.

We do not even truly perceive what is around us. We only perceive the reality in which we are in the centre. We are only always perceiving who we are being, reflected back to us from everything and everyone around us. In fact, there is no-one in our reality except us. Everything and everyone that we perceive is an aspect of ourselves that we are ready to experience. We are only, always exploring and experiencing ourselves. That's a very good reason to be nice to one another, and treat everything and everyone with love and respect.

All beliefs anchor us in the past, because it is at some time in the past that they were installed. Consequently, as long as we are operating out of our beliefs, we are referencing the past and not present in the now. Beliefs preclude knowingness. Beliefs separate us from healing and wholeness, from love, and from everything and everyone around us.

We are One. The illusion that we are separate, and not an integral part of a seamless whole living being is just that – an illusion. And, as long as we persist in experiencing this illusion we will have sickness, disease, war, famine, ignorance, corruption, confrontation, questions and no real answers.

No doubt there is advantage in transforming our so-called negative, limiting beliefs to positive, empowering beliefs. But, as long as we operate out of beliefs, we will perceive everything and everyone around us through the filter of those beliefs – this precludes being present; this precludes knowingness; this precludes certainty; this precludes healing and wholeness; this precludes answering those haunting and intriguing questions.

As long as we have any judgment that there is any place better than 'here' or any time better than 'now', we are locked into the frequency of third density, and third density is fear based. Beyond beliefs is presence – knowingness – freedom. Is it time to be free?

Dr Tony Minervino lives in Auckland and does healing work in person, and remotely by phone. He is a chiropractor, light body healer, teacher, coach and counsellor. He conducts Monday Night Workshops on Metatron Ascension Technology which includes: Light Body Healing, Transformational Workout, Belief System Restructuring and Mer-Ka-Ba Activation Meditation, and co-facilitates the Friday Night 'Forum' with Lisa Er and Tony Knight. Tony Minervino can be contacted by –
Phone: (09) 846 1789 or (021) 936 033
Email: DrTony@orcon.net.nz
Website: <http://MetatronAscensionTechnology.com>

